



Nationwide High Point®
365 Lifetime Income
Benefit rider

Guaranteed Lifetime
Income

Enter retirement with confidence

*Nationwide New Heights® Fixed Indexed Annuity with Nationwide High Point® 365
provides two powerful ways to increase guaranteed lifetime income*

A source of income for life

As retirement draws nearer, many of us reach a point when we begin to wonder how we'll generate income and if that income will be enough to carry us through retirement. If you're invested in equities, it's natural to consider what impact a major downturn could have on your retirement. In today's low interest rate environment, are your fixed interest options providing enough growth to fund a retirement that could last 25 years or more?

Nationwide High Point 365 Lifetime Income Benefit rider, available for an additional cost with Nationwide New Heights Fixed Indexed Annuity, may help address some of these concerns and be an important part of your long-term retirement plan by offering:

- **Protection**—your retirement savings are protected from a potential decline in the market
- **Growth**—opportunity for earnings based on the performance of an underlying index
- **Income**—guarantee a source of income you cannot outlive

What is a fixed indexed annuity?

A fixed indexed annuity is a contract you buy from an insurance company that provides the opportunity to earn interest based on the changes in an index such as the S&P 500® Composite Price Index. Regardless of index performance, indexed annuity contract values will not be impacted by negative index returns.

Please keep in mind:

- A fixed indexed annuity is not a stock market investment and does not directly participate in any stock or equity investment
- A fixed indexed annuity may be appropriate for those individuals who want the opportunity to capture upside potential while having a level of protection from market downturns
- Lifetime income may be provided through the purchase of an optional rider for an additional cost or through annuitization at no additional cost
- Withdrawals taken before age 59½ may incur a 10% early withdrawal federal tax penalty in addition to ordinary income taxes; withdrawals may trigger surrender charges, reduce your death benefit and contract value, and may also reduce any guaranteed lifetime withdrawal benefits.

Guarantees and protections are subject to the claims-paying ability of the issuing company.

Two ways to grow your future income

The Nationwide High Point 365 Lifetime Income Benefit rider (High Point 365) provides a source of guaranteed income and increases your future income in two powerful ways:

- 1 Every year you wait to begin taking lifetime income payments¹**
- 2 Every day your contract reaches a new daily high point**

If you're interested in generating an income stream you can't outlive, High Point 365 may be a solution.² High Point 365 is available for an additional cost exclusively with Nationwide New Heights Fixed Indexed Annuity.³

¹ Lifetime income payments cannot begin until after the fifth contract anniversary and the date that the youngest covered life reaches age 50.

² Nationwide High Point 365 offers lifetime income as long as you follow the terms of your contract. Excess withdrawals will reduce future income payments, and an excess withdrawal that reduces contract value below zero will terminate the rider.

³ The rider charge is an annual fee, assessed quarterly, and reduces the contract value.

Guaranteed increases to your lifetime income each year you wait

The first way lifetime income can increase is through the guaranteed lifetime payout percentage. Your lifetime income will be calculated based on the payout percentage in the year you begin taking withdrawals. Each year you wait to begin withdrawals, your payout percentage is guaranteed to increase.⁴

High Point 365's lifetime income benefit includes:

- **Guaranteed annual increases** to lifetime payout percentage up to 16%⁵
- **Guaranteed lifetime income** that will never decrease due to index performance⁶
- **Guaranteed income for both spouses** when you choose the joint option⁷



⁴ After the five-year deferral period, the payout percentage is guaranteed to increase every year up to age 90 or achieving the maximum payout percentage. Payout percentages are based on age at contract issue and guaranteed for the life of the contract. All guarantees are subject to the claims-paying ability of Nationwide Life Insurance and Annuity Company.

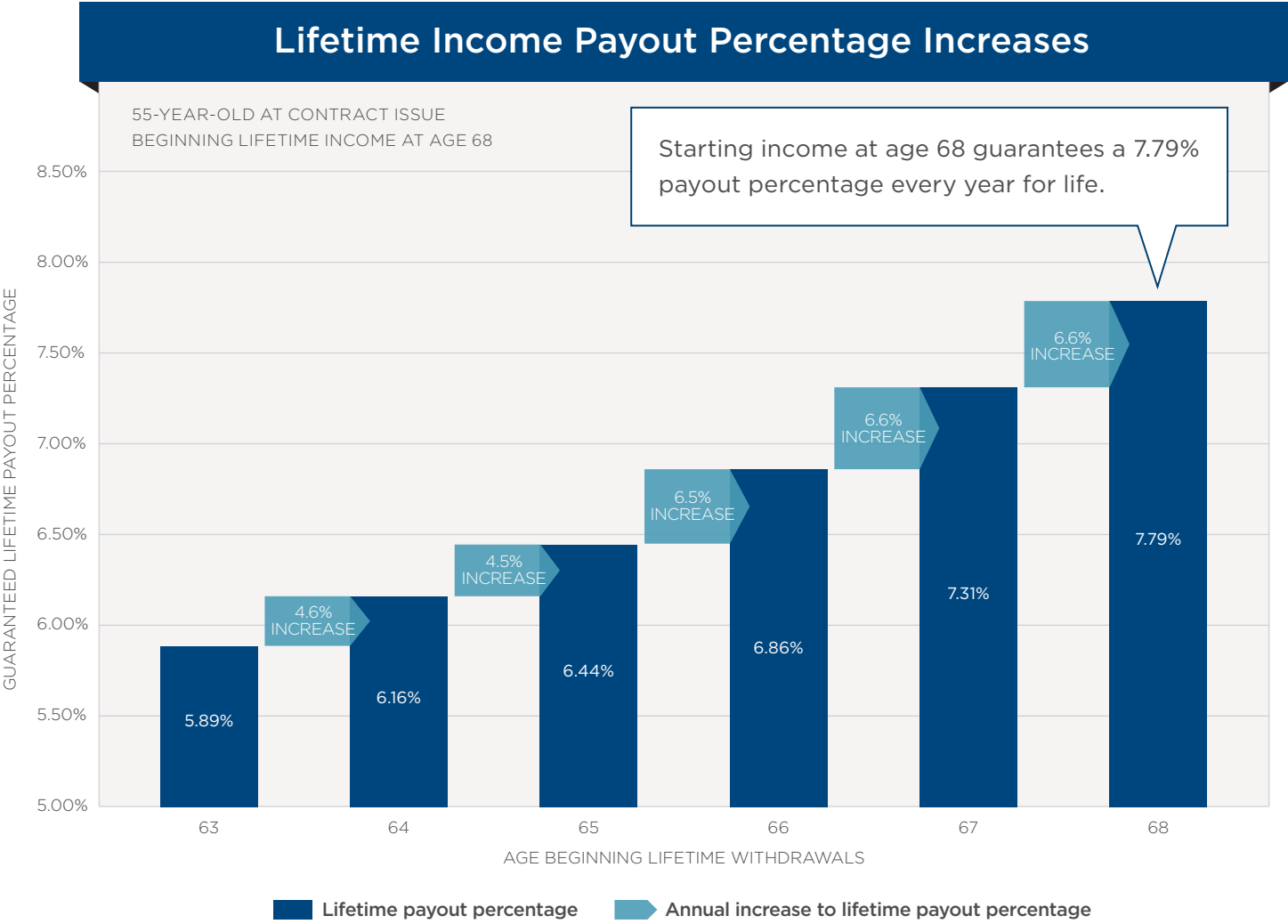
⁵ For Single Life; maximum payout percentage is 14% with the joint option. Lifetime income percentage increases every year you wait to start lifetime income. Once lifetime income payments begin, the payout percentage is fixed and guaranteed not to go down.

⁶ Excess withdrawals may reduce lifetime income payments.

⁷ Lifetime payout percentages may be lower when you choose the joint option.

During this six-year period, the lifetime payout percentage increases an average of 5.76% per year

The graph below shows an example of how the payout percentage increases each year until withdrawals begin. During this six-year period before starting lifetime income, the payout percentage increased over 32%. By choosing to begin lifetime withdrawals at age 68, the payout percentage would be guaranteed for life at 7.79%.



Lifetime payout percentages above are presented as an example and may not reflect current payout percentages. Lifetime payout percentages are guaranteed at contract issue for the life of the contract and are subject to change prior to contract issue. Ask your financial professional for current lifetime payout percentages for your specific situation.

Automatically capture the highest daily value to increase future income

The second way your lifetime income can increase is through your high point income benefit base. Your high point income benefit base is the greater of:

1 Highest Balanced Allocation Value

On any day your Balanced Allocation Value (BAV) reaches a new high point, it automatically increases your income benefit base, even if you've already started taking withdrawals.⁸

2 Guaranteed 2% annual roll-up

Even if the BAV does not reach a new high point, the minimum income benefit value provides a guaranteed 2% roll-up on the initial purchase payment, compounded annually.⁹

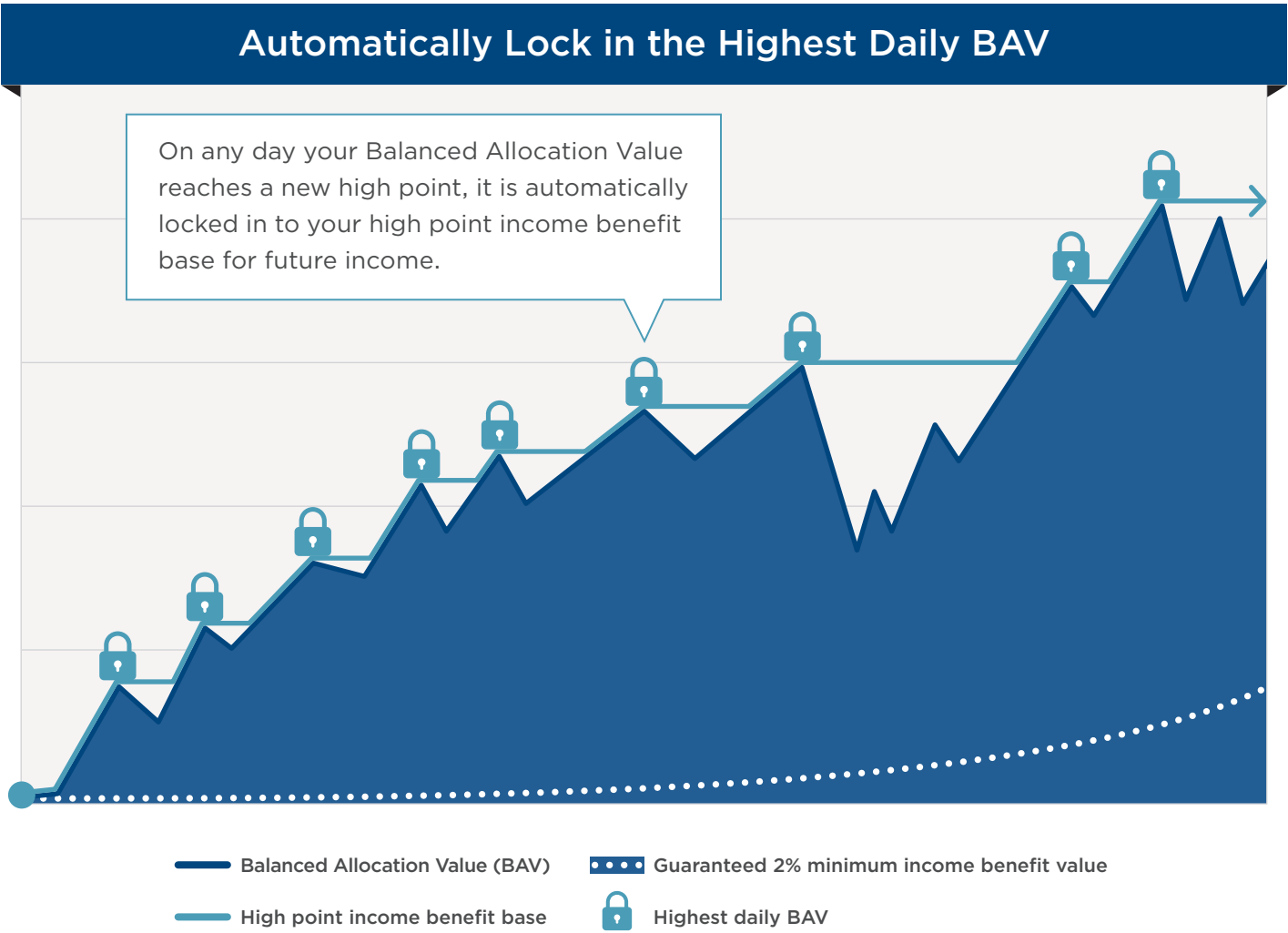


⁸ The BAV is the greater of the contract value plus any strategy earnings that have not been credited to the contract or the Return of Purchase Payment Guarantee amount.

⁹ The 2% roll-up rate is compounded annually from the date of issue until the earlier of the 10th contract anniversary or the date lifetime income payments begin.

Benefit from the greater of a minimum guaranteed rollup or the highest Balanced Allocation Value.

The chart below provides a hypothetical example of how High Point 365 automatically locks in every new highest daily BAV to increase future income.



Calculating your lifetime income benefit

Once you decide to start taking lifetime income, your payments are calculated by multiplying the lifetime income payout percentage by the high point income benefit base.

Lifetime Payout
Percentage

x

High Point Income
Benefit Base

=

Annual Lifetime
Income

Lifetime income can be guaranteed for you or you and your spouse at no additional cost through the joint option.¹⁰ When you choose the joint option, lifetime income will continue to be paid as long as either you or your spouse is living.

More information on lifetime income:

Annual lifetime income payments are paid monthly. Any increase in your income benefit base after lifetime withdrawals have begun will be reflected in the next month's lifetime income payment. You can roll over any unused lifetime income payments month-to-month until the end of the contract year. If you take a withdrawal greater than your available monthly lifetime income payment, your future income will be reduced.

¹⁰ Lifetime payout percentages may be lower when you choose the joint option.





Meet David

Age: 59

Purchase payment: \$100,000

Age to begin lifetime income: 71

Looking for a secure way to continue to grow his assets and provide lifetime income once he retires, David purchased New Heights with High Point 365. The hypothetical graph to the right shows how David's contract might have performed over the last 12 years.

During this 12-year period, David's high point income benefit base locked in

237 new high points and increased from \$100,000 to \$183,007.

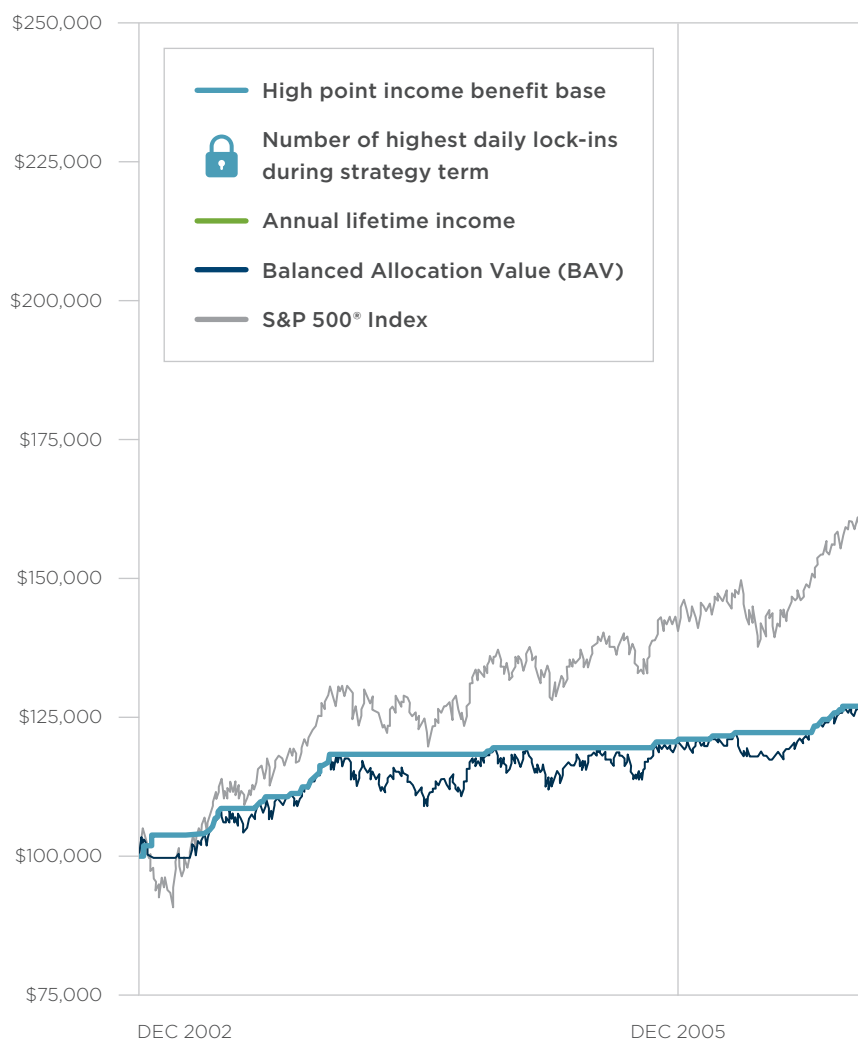
After the five-year deferral period, David's lifetime payout percentage increased from 5.56% at age 64 to 8.18% at age 71—

a 47.12% increase in his lifetime income.

When David decides to begin lifetime withdrawals, his guaranteed annual lifetime income is \$14,970 per year—

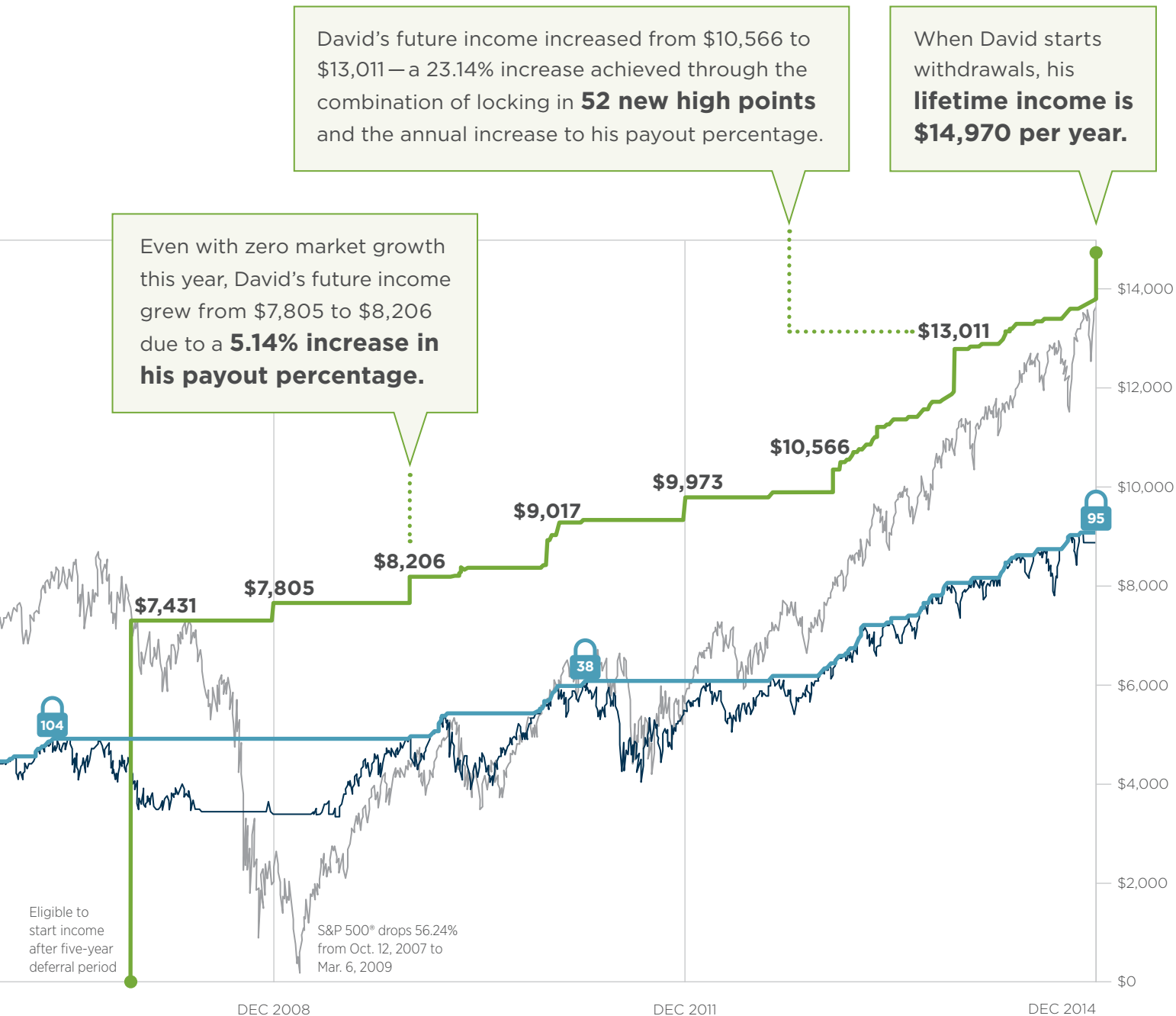
the equivalent of 14.97% of his initial \$100,000 investment.

Benefit from both daily guaranteed income



Hypothetical assumptions: Issue age 59, New Heights 12 with High Point 365, Strategy A (70% December 31, 2014). This illustration assumes that the Balanced Allocation Strategy option for each subsequent strategy term may vary. The results shown represent hypothetical and the strategy option and the rates are hypothetical, the S&P 500® Index used in the considered a representation of performance or investor experience of the index in the future. may differ from those currently available. Ask your financial professional for current rates and

and yearly opportunities to increase your



index allocation (S&P 500®), 30% declared rate allocation, 0.00% declared rate, 1.95% strategy spread, 0.95% rider fee). Purchase date of December 31, 2002 through crediting factors are held for renewals at each three-year term. Keep in mind that crediting factors are only guaranteed for the initial strategy term; crediting factors performance and shouldn't be considered a representation of future performance. While New Heights was not available during most of the time period illustrated, calculation of the index component is historical data. The performance could be significantly different than the investment performance shown and shouldn't be. This does not illustrate free partial withdrawals or excess withdrawals prior to beginning lifetime income. The lifetime income payout percentages used in this example lifetime income payout percentages for your specific case.



Talk with your financial professional to learn more about
Nationwide New Heights with the High Point 365 rider.



Nationwide®

• Not a deposit • Not FDIC or NCUSIF insured • Not guaranteed by the institution • Not insured by any federal government agency • May lose value

Nationwide New Heights, an individual, single purchase payment, deferred fixed index annuity is issued by Nationwide Life and Annuity Insurance Company, Columbus, Ohio. Please note, the contract does not directly participate in any stock or equity investments. Withdrawals are subject to income tax, and withdrawals before age 59½ may be subject to a 10% federal tax penalty. Annuities have limitations. They are long-term vehicles designed for retirement purposes. They are not intended to replace emergency funds, to be used as income for day-to-day expenses or to fund short-term savings goals. Please read the contract for complete details.

Guarantees and protections are subject to the claims-paying ability of Nationwide Life and Annuity Insurance Company.

Withdrawals may trigger early surrender charges, reduce your death benefit and contract value and may also reduce any guaranteed lifetime withdrawal benefits.

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Contract/certificate: FACC-0108AOPP, FARR-0104AO, FARR-0105AO, FARR-0108AO, FARR-0109AO, ICC13-FACC-0108AOPP, ICC13-FARR-0104AO, ICC13-FARR-0105AO
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